

# Western HeartCare

Referral to Doctor \_\_\_\_\_

Patient name \_\_\_\_\_

Address \_\_\_\_\_

Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Phone number \_\_\_\_\_

**Please describe clinical particulars**

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**Please tick ✓ the required service(s):**

- Consultation       ECG       Echocardiogram       Holter  
 Exercise stress test       24 hour ambulatory blood pressure monitoring

Referring Doctor \_\_\_\_\_

Medical Clinic \_\_\_\_\_

Address \_\_\_\_\_

Phone number \_\_\_\_\_

Signature  Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Provider Number \_\_\_\_\_

For further enquiries, please call

**Western Hospital** 168 Cudmore Terrace, Henley Beach SA 5022, Phone & Fax 8159 1377

Cardiologists: **Dr Alicia Chan** MBBS FRACP, **Dr Devan Mahadavan** MBBS FRACP,  
**Dr Sharmalar Rajendran** MBBS FRACP PhD, **Dr Abdul Rauf Sheikh** MBBS MD FRACP,  
**Dr Aaron Sverdlov** MBBS FRACP

Patient information for the following tests:

Test	What it does	What you need to do
<b>ECG</b>	An easy way to record the way your heart beats.	No preparation required.
<b>Echocardiogram</b>	Non-invasive way of assessing the way your heart functions.	No preparation required.
<b>Holter</b>	This monitor can record the way your heart beats over 24 hours. It is worn on a belt or shoulder strap during most of your normal activities except during a shower.	No preparation required. You will be reminded to return the monitor the next day.
<b>Exercise stress test</b>	A non-invasive test to assess the way your heart response to exercise.	Please refrain from having a heavy meal prior to the test. Comfortable clothes and shoes are recommended.
<b>24 hour ambulatory blood pressure monitoring</b>	This monitor can record your blood pressure over 24 hours. It is worn on a belt around your arm during most of your normal activities except during a shower.	No preparation required. You will be reminded to return the monitor the next day.